

**2025 Index of Chinese City Capacity to Actively Respond to Population Ageing is a comprehensive and authoritative research report compiled by the Department of Economic Forecasting of the State Information Center.** It aims to enhance society's capacity to proactively address the aging population through a "city health check" approach. The index measures five dimensions of ageing supports across 337 cities including: age-inclusive policies, levels of investment, age-responsive services, enabling social environments and the development of the silver economy. The report also releases a list of the top 100 cities leading in actively adapting to the aging population.

The top 60 cities among the overall capacity indices and the five specific thematic indices have been designated as Leading Cities in the report. These leading cities are further categorized as **Outstanding Cities (Top 20)**, **Excellent Cities (Top 21 to 40)**, and **Good Cities (Top 41 to 60)**. The report also compares the city capacity index rankings between 2024 and 2025, and publishes a list of the top 20 cities that have made the most progress in their rankings.

The publicly released data used in the report is supported by **CEIdata**.

# 中国积极应对人口老龄化

## 城市能力指数报告

(2025)

### List of Leading Cities in Age-Inclusive Policies

| 🏆 Outstanding      |           | 🥈 Excellent      |                | 🥉 Good       |                 |
|--------------------|-----------|------------------|----------------|--------------|-----------------|
| Beijing            | Chongqing | Heze             | Rizhao         | Xuzhou       | Fuzhou (Fujian) |
| Zaozhuang          | Jiaxing   | Hefei            | Dalian         | Xiamen       | Harbin          |
| Jining             | Yichun    | Bozhou           | Nanyang        | J'an         | Nanchang        |
| Ganzhou            | Cangzhou  | Wuhan            | Xingtai        | Zunyi        | Wuxi            |
| Jiujiang           | Luoyang   | Zhangjiakou      | Tongren        | Zhangzhou    | Lishui          |
| Taizhou (Zhejiang) | Dezhou    | Nantong          | Xuancheng      | Shaoxing     | Jinan           |
| Chengdu            | Shangqiu  | Suzhou (Jiangsu) | Suzhou (Anhui) | Anshun       | Yuncheng        |
| Quanzhou           | Qingdao   | Yantai           | Mianyang       | Changsha     | Shangluo        |
| Shangrao           | Quzhou    | Nanning          | Qiannan        | Shijiazhuang | Leshan          |
| Jinhua             | Bijie     | Liupanshui       | Nanchong       | Huzhou       | Zhengzhou       |

### List of Leading Cities in Age-Responsive Services

| 🏆 Outstanding    |          | 🥈 Excellent |           | 🥉 Good       |           |
|------------------|----------|-------------|-----------|--------------|-----------|
| Qingdao          | Chengdu  | Jinhua      | Yanbian   | Xuzhou       | Changchun |
| Tangshan         | Jiaxing  | Guangzhou   | Xianning  | Nanning      | Changzhou |
| Yantai           | Wuxi     | Zibo        | Wuhan     | Jiaozuo      | Shangrao  |
| Chongqing        | Linyi    | Tianjin     | Weifang   | Baoding      | Heze      |
| Jinan            | Dezhou   | Kunming     | Hangzhou  | Shijiazhuang | Yichun    |
| Nanjing          | Ningbo   | Changsha    | Zhengzhou | Binzhou      | Huanggang |
| Jining           | Shanghai | Zhoukou     | Xiangyang | Shaoyang     | Sanming   |
| Fuzhou (Fujian)  | Ganzhou  | Tai'an      | Longyan   | Chengde      | Shiyan    |
| Suzhou (Jiangsu) | Weihai   | Yichang     | Handan    | Liaocheng    | Jiujiang  |
| Xingtai          | Nantong  | Wenzhou     | Nanyang   | Nanchang     | Lishui    |

### List of Leading Cities in Silver Economy

| 🏆 Outstanding |                  | 🥈 Excellent |                    | 🥉 Good          |                   |
|---------------|------------------|-------------|--------------------|-----------------|-------------------|
| Shanghai      | Weihai           | Jinan       | Changsha           | Quanzhou        | Chenzhou          |
| Beijing       | Hefei            | Shaoxing    | Taizhou (Zhejiang) | Linyi           | Qinhuangdao       |
| Hangzhou      | Suzhou (Jiangsu) | Tai'an      | Shenyang           | Fuzhou (Fujian) | Panzhuhua         |
| Shenzhen      | Yantai           | Wuhu        | Wenzhou            | Ganzhou         | Hohhot            |
| Chengdu       | Tianjin          | Xi'an       | Lanzhou            | Jinhua          | Dalian            |
| Chongqing     | Nanjing          | Zibo        | Zhuhai             | Nantong         | Yangzhou          |
| Qingdao       | Shijiazhuang     | Nanyang     | Weifang            | Xianyang        | Taizhou (Jiangsu) |
| Wuhan         | Huzhou           | Ningbo      | Sanming            | Zhengzhou       | Guiyang           |
| Changzhou     | Guangzhou        | Wuxi        | Liu Zhou           | Anyang          | Foshan            |
| Jiaxing       | Dongguan         | Xiamen      | Zhenjiang          | Haikou          | Changchun         |

### List of Leading Cities in Overall Index

| 🏆 Outstanding    |                 | 🥈 Excellent        |          | 🥉 Good    |           |
|------------------|-----------------|--------------------|----------|-----------|-----------|
| Beijing          | Jinan           | Nantong            | Wenzhou  | Huzhou    | Tai'an    |
| Shanghai         | Wuxi            | Ganzhou            | Quanzhou | Zibo      | Xi'an     |
| Qingdao          | Nanjing         | Jinhua             | Xuzhou   | Zhengzhou | Shangrao  |
| Chengdu          | Tianjin         | Changzhou          | Weifang  | Harbin    | Chenzhou  |
| Chongqing        | Changsha        | Weihai             | Dezhou   | Shaoxing  | Zaozhuang |
| Hangzhou         | Ningbo          | Linyi              | Nanyang  | Heze      | Nanning   |
| Yantai           | Fuzhou (Fujian) | Taizhou (Zhejiang) | Nanchang | Dalian    | Lishui    |
| Wuhan            | Shenzhen        | Xiamen             | Shenyang | Kunming   | Zhuzhou   |
| Jiaxing          | Hefei           | Shijiazhuang       | Jiujiang | Yichang   | Huanggang |
| Suzhou (Jiangsu) | Jining          | Guangzhou          | Tangshan | Yichun    | Xingtai   |

### List of Leading Cities in Levels of Investment

| 🏆 Outstanding    |           | 🥈 Excellent     |                    | 🥉 Good            |          |
|------------------|-----------|-----------------|--------------------|-------------------|----------|
| Beijing          | Qingdao   | Jinan           | Alxa League        | Taizhou (Jiangsu) | Urumqi   |
| Shanghai         | Wuhan     | Zhoushan        | Changzhou          | Zhuzhou           | Taiyuan  |
| Shenzhen         | Chengdu   | Jiaxing         | Zhuhai             | Xiangtan          | Wenzhou  |
| Hangzhou         | Dalian    | Fuzhou (Fujian) | Foshan             | Zhenjiang         | Fushun   |
| Wuxi             | Changsha  | Yantai          | Harbin             | Yulin             | Xuzhou   |
| Ningbo           | Ordos     | Xi'an           | Weifang            | Haixi             | Dongying |
| Suzhou (Jiangsu) | Guangzhou | Huzhou          | Zibo               | Quzhou            | Wuhu     |
| Nanjing          | Karamay   | Chongqing       | Taizhou (Zhejiang) | Wuhai             | Weihai   |
| Xiamen           | Shenyang  | Hefei           | Lhasa              | Baotou            | Yichang  |
| Tianjin          | Shaoxing  | Nantong         |                    |                   |          |

### List of Leading Cities in Social Environment

| 🏆 Outstanding |          | 🥈 Excellent     |           | 🥉 Good      |           |
|---------------|----------|-----------------|-----------|-------------|-----------|
| Shanghai      | Shenyang | Xianning        | Yangzhou  | Heze        | Xinyang   |
| Chongqing     | Xuzhou   | Yueyang         | Zhuzhou   | Hefei       | Loudi     |
| Changsha      | Chengdu  | Nantong         | Wuxi      | Guangyuan   | Bazhong   |
| Beijing       | Kunming  | Jiujiang        | Huanggang | Changde     | Xiangyang |
| Qingdao       | Linyi    | Yongzhou        | Yichang   | Leshan      | Xiaogan   |
| Wuhan         | Hangzhou | Enshi           | Weihai    | Suining     | Taiyuan   |
| Tianjin       | Shaoyang | Yancheng        | Ganzhou   | Xiangtan    | Hohhot    |
| Nanchang      | Chenzhou | Shenzhen        | Shiyan    | Zhangjiakou | Dazhou    |
| Hengyang      | Harbin   | Jinan           | Nanyang   | Guangzhou   | Shangrao  |
| Yantai        | Jingzhou | Fuzhou (Fujian) | Nanping   | Yichun      | Huangshi  |

### List of Top 20 Cities in Terms of Progress

|           |                |
|-----------|----------------|
| Luoyang   | Suzhou (Anhui) |
| Nanyang   | Yichun         |
| Anyang    | Zhangjiakou    |
| Zhuzhou   | Taiyuan        |
| Zhengzhou | Fuyang         |
| Bozhou    | Li'uan         |
| Xianyang  | Xianning       |
| Xuancheng | Kunming        |
| Quzhou    | Dalian         |
| Jiaozuo   | Rizhao         |

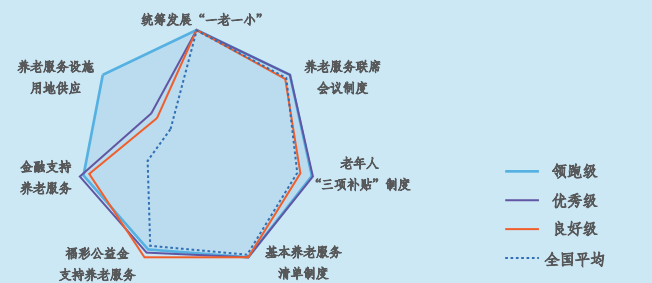
《中国积极应对人口老龄化城市能力指数报告（2025）》是由国家信息中心经济预测部编制的一份系统全面评估城市积极应对人口老龄化能力的权威研究成果，旨在以“城市体检”形式推动提升全社会积极应对人口老龄化能力。报告从政策措施支持度、财富储备充足度、服务体系完善度、社会环境友好度、银发经济成长度等五个维度，综合测算了全国337个地级及以上城市积极应对人口老龄化能力指数，发布积极应对人口老龄化引领型城市百强榜单。

报告将城市能力指数和5个专题指数中排名前60的城市称为**引领型城市**，并把引领型城市具体分为**领跑级（20个）、优秀级（20个）和良好级（20个）**。报告根据2024年与2025年城市能力指数排名变动公布进步前20名的城市名单。

报告采用的公开数据由**中经数据CEldata**提供支持。

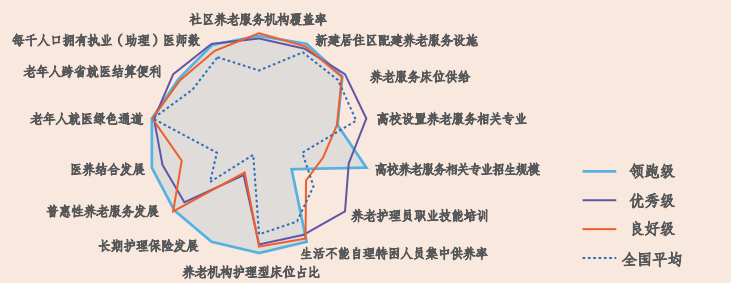
### 政策措施引领型 城市榜单

|            |  |            |  |            |  |   |
|------------|--|------------|--|------------|--|---|
| <b>领跑级</b> | 北京市<br>重庆市<br>石家庄市<br>济宁市<br>赣州市<br>九江市<br>台州市<br>成都市<br>泉州市<br>上饶市<br>金华市 | <b>优秀级</b> | 菏泽市<br>合肥市<br>亳州市<br>武汉市<br>张家口市<br>南通市<br>苏州市<br>烟台市<br>南宁市<br>六盘水市 | <b>良好级</b> | 日照市<br>大连市<br>南阳市<br>邢台市<br>铜仁市<br>宣城市<br>宿州市<br>绵阳市<br>黔南州<br>南充市 | 徐州市<br>福州市<br>厦门市<br>哈尔滨市<br>南昌市<br>无锡市<br>济南市<br>运城市<br>南阳市<br>郑州市 |
|------------|--|------------|--|------------|--|---|



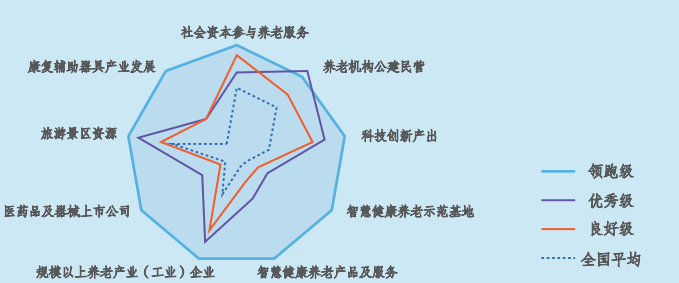
### 服务体系引领型 城市榜单

|            |   |            |   |            |   |  |
|------------|---|------------|---|------------|---|--|
| <b>领跑级</b> | 青岛市<br>唐山市<br>烟台市<br>重庆市<br>南京市<br>济宁市<br>福州市<br>苏州市<br>邢台市 | <b>优秀级</b> | 成都市<br>嘉兴市<br>无锡市<br>临沂市<br>宁波市<br>上海市<br>赣州市<br>威海市<br>南通市 | <b>良好级</b> | 金华市<br>延边州<br>咸宁市<br>武汉市<br>潍坊市<br>杭州市<br>郑州市<br>襄阳市<br>龙岩市<br>邯郸市<br>南阳市 | 徐州市<br>长春市<br>南京市<br>焦作市<br>保定市<br>石家庄市<br>滨州市<br>邵阳市<br>承德市<br>聊城市<br>南昌市 |
|------------|---|------------|---|------------|---|--|



### 银发经济引领型 城市榜单

|            |  |            |   |            |  |   |
|------------|--|------------|---|------------|--|---|
| <b>领跑级</b> | 上海市<br>北京市<br>杭州市<br>深圳市<br>成都市<br>重庆市<br>青岛市<br>武汉市<br>常州市<br>嘉兴市 | <b>优秀级</b> | 威海市<br>合肥市<br>苏州市<br>烟台市<br>南京市<br>石家庄市<br>广州市<br>东莞市 | <b>良好级</b> | 济南市<br>长沙市<br>台州市<br>沈阳市<br>温州市<br>兰州市<br>珠海市<br>潍坊市<br>三明市<br>镇江市 | 泉州市<br>郴州市<br>临沂市<br>泰安市<br>福州市<br>金华市<br>南通市<br>咸阳市<br>郑州市<br>安阳市<br>海口市 |
|------------|--|------------|---|------------|--|---|

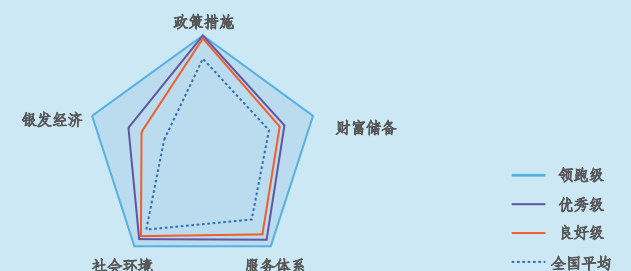


一起添砖加瓦  
一起向未来

持续开展积极应对人口老龄化能力  
“城市体检”工作

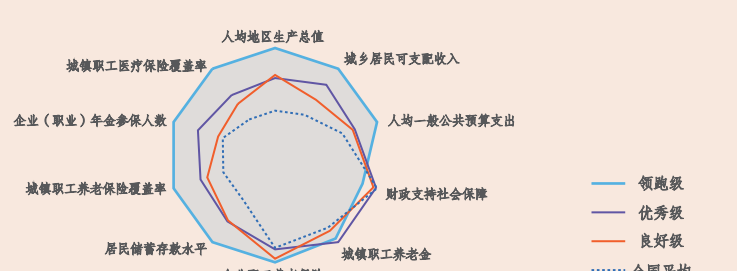
### 综合引领型 城市榜单

|            |  |            |  |            |   |   |
|------------|--|------------|--|------------|---|---|
| <b>领跑级</b> | 北京市<br>上海市<br>青岛市<br>成都市<br>重庆市<br>杭州市<br>烟台市<br>武汉市<br>嘉兴市<br>苏州市 | <b>优秀级</b> | 济南市<br>无锡市<br>南京市<br>天津市<br>长沙市<br>宁波市<br>福州市<br>深圳市<br>合肥市<br>济宁市 | <b>良好级</b> | 南通市<br>温州市<br>湖州市<br>淄博市<br>郑州市<br>哈尔滨市<br>绍兴市<br>菏泽市<br>临沂市<br>台州市<br>厦门市<br>石家庄市<br>广州市 | 泰州市<br>西安市<br>上饶市<br>郴州市<br>枣庄市<br>南宁市<br>芜湖市<br>昆明市<br>宜昌市<br>黄冈市<br>邢台市 |
|------------|--|------------|--|------------|---|---|



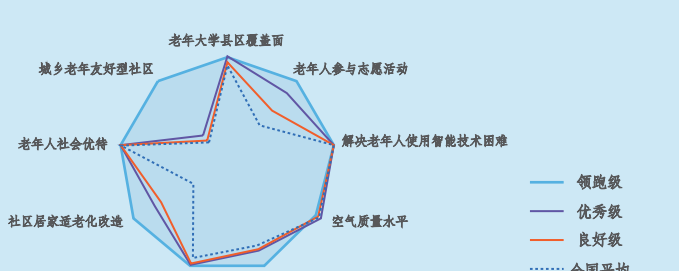
### 财富储备引领型 城市榜单

|            |  |            |  |            |  |  |
|------------|--|------------|--|------------|--|--|
| <b>领跑级</b> | 北京市<br>上海市<br>深圳市<br>杭州市<br>无锡市<br>宁波市<br>宁波市<br>宁波市<br>宁波市<br>宁波市 | <b>优秀级</b> | 济南市<br>舟山市<br>嘉兴市<br>福州市<br>烟台市<br>西安市<br>湖州市<br>重庆市<br>合肥市<br>南通市 | <b>良好级</b> | 阿拉善盟<br>常州市<br>珠海市<br>金华市<br>佛山市<br>哈尔滨市<br>海口市<br>淄博市<br>淄博市<br>淄博市 | 泰州市<br>株洲市<br>湘潭市<br>唐山市<br>徐州市<br>徐州市<br>徐州市<br>徐州市<br>徐州市<br>徐州市 |
|------------|--|------------|--|------------|--|--|



### 社会环境引领型 城市榜单

|            |  |            |  |            |  |   |
|------------|--|------------|--|------------|--|---|
| <b>领跑级</b> | 上海市<br>重庆市<br>长沙市<br>北京市<br>青岛市<br>武汉市<br>天津市<br>南京市<br>衡阳市<br>烟台市 | <b>优秀级</b> | 咸宁市<br>岳阳市<br>南通市<br>九江市<br>永州市<br>恩施州<br>盐城市<br>深圳市<br>济南市<br>福州市 | <b>良好级</b> | 扬州市<br>株洲市<br>无锡市<br>黄冈市<br>宜昌市<br>威海市<br>威海市<br>威海市<br>威海市<br>威海市 | 菏泽市<br>信阳市<br>娄底市<br>巴中市<br>襄阳市<br>孝感市<br>太原市<br>呼和浩特市<br>达州市<br>上饶市<br>黄石市 |
|------------|--|------------|--|------------|--|---|



### 进步前20名 城市榜单

|   |   |
|---|---|
| 洛阳市<br>南京市<br>安阳市<br>株洲市<br>郑州市<br>亳州市<br>咸阳市<br>宣城市<br>焦作市 | 宿州市<br>宜春市<br>张家口市<br>太原市<br>阜阳市<br>六安市<br>咸宁市<br>昆明市<br>大连市<br>日照市 |
|---|---|

